

## COMMUNITAS RETREATS

The frantic pace of life, the increasing demands on our time and energy, and the overwhelming torrent of information coming at us 24-7 have left most of us feeling tired, frustrated, and emptied. This isn't the life we want, but how do we get off the roller coaster and begin to recover our souls?

For generations, people have gone on spiritual retreats to encounter God and experience spiritual renewal. Retreats remove us from noise and distraction, and into a place of spiritual refreshing and renewing. It is a way of entering into the presence of God so that He is able to nourish our souls. As we settle into the stillness, we notice the stirrings of our soul, our deeper longings, and God's quiet whisper to us.

So, what do we offer?
See other side and find out.



TRANSFORMED LIVES
TRANSFORMED NEIGHBORHOODS
TRANSFORMED WORLD

We are pleased to offer you (individually or as a team) a wide range of different types of retreats, such as...

- monthly ½ day online retreats
- longer silent retreats
- guided retreats ranging from 1-4 days with different themes

Locations vary and can be adjusted to your needs.

If you are longing for a time of rest and space to nurture your inner life with God, we want to help. Contact us to learn more about what is possible.

## RETREAT FACILITATORS

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Communitas International comes alongside the next generation of missional leaders worldwide, helping them to realize God's call on their lives to start, shape, and multiply missional communities. We've been doing this for the past 50 years and would love to come alongside you and fan into flame the work God is doing in you and through you.

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